


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 8:00 - 12:00 Bus Transportation to Church 11:45 Turn in Trivia - FD 12:00 Noon Meal - HDR 3:30 Sunday Snack - LR 7:00 Evening Cinema - CL	2  No Bus Service Today	3 9:15 Tai Chi - CL 12:30 Range of Motion - CL 1:00 Monthly Devotional - CL 4:00 Stretch & Flex - CL 6:45 Baking Group - CL	4 8:30 Armchair Yoga - CL 9:15 Tai Chi - CL 9:30 Morning Faith - PDR 12:30 Range of Motion - CL 2:00 Bridge - L 3:30 NO Hearing Aid Adj. 4:00 Happy Hour - LR **No Bus Today**	5 8:30 - 10:00 Hot Breakfast - HDR 9:00 Seamstress - L 9:15 Tai Chi - CL 10:00 Gentle Shepherd 11:00 Artthritis Support Group - CR 12:30 Range of Motion - CL 1:00 Bible Study - CR 4:00 FIT To Be Strong	6 POPCORN TODAY! 8:30 Armchair Yoga - CL 12:30 Range of Motion - CL 2:00 Mexican Train Dominoes - CL 4:00 Stretch & Flex - CL 7:00 Classic TV - CR	7 9:30 Group Crossword - LR 1:30 Ice Cream Social - LR 2:00 Pretty Nails - LR 4:00 Pray the Rosary - CR	
8 8:00 - 12:00 Bus Transportation to Church 11:45 Turn in Trivia - FD 12:00 Noon Meal - HDR 3:30 Sunday Snack - LR 7:00 Evening Cinema - CL	9 8:30 Armchair Yoga - CL 9:15 Tai Chi - CL 10:00 Jigsaw Puzzle - 2LR 11:00 Wii Bowling - CL 12:30 Range of Motion - CL 1:30 Crafter's Circle - CR 3:00 Brain Fitness - CR 4:00 FIT To Be Strong	10 9:15 Tai Chi - CL 10:00 Blood Pressure Check - L 10:30 News & Views - CR 10:30 Schwan's - FD 12:30 Range of Motion - CL 2:00 Breakfast Bingo - CR 3:00 Cider & Rolls - CR 4:00 Stretch & Flex - CL 6:45 Baking Group - CL	11 8:30 Armchair Yoga - CL 9:15 Tai Chi - CL 9:30 Morning Faith - PDR 10:30 Wheel of Fortune - LR 12:30 Range of Motion - CL 1:30 Foot Care Clinic - BS 2:00 Bridge - L 4:00 Happy Hour - LR	12 9:00 Seamstress - L 9:15 Tai Chi - CL 10:00 Gentle Shepherd 10:00 Worship Service - CL 10:00 Medicare Assistance - L 11:00 Low Vision Support Group - CR 12:30 Range of Motion - CL 1:00 Bible Study - CR 2:30 Acting up - CR 4:00 FIT To Be Strong 7:00 Bingo - CR	13 8:30 Armchair Yoga - CL 9:30 Men's Coffee - PDR 11:00 Jeopardy - LR 12:30 Range of Motion - CL 2:00 Card Bingo - CR 4:00 Stretch & Flex - CL 7:00 Classic TV - CR	14 9:30 Group Crossword - LR 1:30 Ice Cream Social - LR 2:00 Pretty Nails - LR 4:00 Pray the Rosary - CR	
15 8:00 - 12:00 Bus Transportation to Church 11:45 Turn in Trivia - FD 12:00 Noon Meal - HDR 3:30 Sunday Snack - LR 7:00 Evening Cinema - CL	16 8:30 Armchair Yoga - CL 9:15 Tai Chi - CL 10:00 Jigsaw Puzzle - 2LR 11:00 Wii Bowling - CL 12:30 Range of Motion - CL 1:30 Crafter's Circle - CR 3:00 Brain Fitness - CR 4:00 FIT To Be Strong	17 9:15 Tai Chi - CL 10:30 News & Views - CR 11:30 Lunch Bunch to China Buffet 12:30 Range of Motion - CL 2:00 Spelling Bee - CR 4:00 Stretch & Flex - CL 6:45 Baking Group - CL	18 8:30 Armchair Yoga - CL 9:15 Tai Chi - CL 9:30 Morning Faith - PDR 10:00 Quilling Bee - CL 12:30 Range of Motion - CL 2:00 Bridge - L 2:30 Kitchen Chat with Keith - PDR 4:00 Happy Hour - LR	19 9:00 Seamstress - L 9:15 Tai Chi - CL 10:00 Gentle Shepherd 10:00 Worship Service - CR 12:00 Soup Potluck - CL 12:30 Range of Motion - CL 1:00 NO Bible Study 2:30 Acting Up - CR 4:00 FIT To Be Strong 7:00 Bingo - CR	20 POPCORN TODAY! 8:30 Armchair Yoga - CL 10:30 Treasures of the Heart - CR 12:30 Range of Motion - CL 2:00 Mexican Train Dominoes - CL 4:00 Stretch & Flex - CL 7:00 Classic TV - CR	21 9:30 Group Crossword - LR 1:30 Ice Cream Social - LR 2:00 Pretty Nails - LR 4:00 Pray the Rosary - CR	
22 8:00 - 12:00 Bus Transportation to Church 11:45 Turn in Trivia - FD 12:00 Noon Meal - HDR 3:30 Sunday Snack - LR 7:00 Evening Cinema - CL	23 8:30 Armchair Yoga - CL 9:15 Tai Chi - CL 10:00 Jigsaw Puzzle - 2LR 11:00 Wii Bowling - CL 12:30 Range of Motion - CL 1:30 Crafter's Circle - CR 3:00 Brain Fitness - CR 4:00 FIT To Be Strong	24 9:15 Tai Chi - CL 10:30 News & Views - CR 10:30 Schwan's - FD 12:30 Range of Motion - CL 2:00 January Birthday Party - CL 4:00 Stretch & Flex - CL 6:45 Baking Group - CL	25 8:30 Armchair Yoga - CL 9:15 Tai Chi - CL 9:30 Morning Faith - PDR 10:30 Wheel of Fortune - LR 12:30 Range of Motion - CL 2:00 Bridge - L 2:30 Historical Connection - CR 4:00 Happy Hour - LR	26 9:00 Seamstress - L 9:15 Tai Chi - CL 10:00 Gentle Shepherd 10:00 Worship Service - CL 11:00 Veteran's Club - PDR 12:30 Range of Motion - CL 1:00 Bible Study - CR 2:30 Acting Up - CR 4:00 FIT To Be Strong 7:00 Bingo - CR	27 8:30 Armchair Yoga - CL 9:30 Men's Coffee - PDR 11:00 New Resident Reception - LR 12:30 Range of Motion - CL 2:00 Card Bingo - CR 4:00 Stretch & Flex - CL 7:00 Classic TV - CR	28 9:30 Group Crossword - LR 1:30 Ice Cream Social - LR 2:00 Pretty Nails - LR 4:00 Pray the Rosary - CR	
29 8:00 - 12:00 Bus Transportation to Church 11:45 Turn in Trivia - FD 12:00 Noon Meal - HDR 3:30 Sunday Snack - LR 7:00 Evening Cinema - CL	30 8:30 Armchair Yoga - CL 9:15 Tai Chi - CL 10:00 Jigsaw Puzzle - 2LR 11:00 Wii Bowling - CL 12:30 Range of Motion - CL 1:30 Crafter's Circle - CR 3:00 Brain Fitness - CR 4:00 FIT To Be Strong	31 9:15 Tai Chi - CL 10:30 News & Views - CR 12:30 Range of Motion - CL 2:00 Book Club Discussion - CR 3:30 Advisory Council - PDR 4:00 Stretch & Flex - CL 6:45 Baking Group - CL	Happy Birthday! Ed G. - 6 th Arnie W. - 20 th Virginia L. - 21 st Sarah L. (Waiststaff) - 24 th Jacques P. (Director) - 28 th Tessa H. (CNA) - 31 st	<h1>January 2012</h1> <h2>Old Main Village</h2> <h3>Life Enrichment Calendar</h3>			Activity Locations: BS - Beauty Shop (1 st Floor) CL - Club Room (6 th Floor) CR - Craft Room (Basement) FD - Front Desk LR - Living Room (1 st Floor) 2LR - Living Room (2 nd Floor) HDR - Heritage Dining Room (2 nd Floor) PDR - Private Dining Room (2 nd Floor)